



# NEW HIGH SCHOOL ONLY A POSSIBILITY



FLAG CEREMONY MARKS THE END OF THE FIRST DAY OF GIRL SCOUT DAY CAMP, HELD THIS WEEK AND NEXT AT THE ISAAC WALTON LEAGUE RANGE IN BIRCHWOOD.

ANCHORAGE: The GAAB School District Administration expressed concern over the incorrect phrasing of reports which appeared in both of the daily newspapers in Anchorage last week.

The reports concerned plans for a high school in the Greater Chugiak Area which would accommodate not only local students, but also those from Fort Richardson and Elmendorf.

Both Anchorage papers referred to this as a proposal, scheduled to be built in 1969.

The school administration has asked that local residents be informed that the report which was published in last week's issue of the Knik Arm Courier is accurate.

The school administration has not made any such proposal. What it has done, is request the school board to grant permission to conduct a study to determine if such a proposal would be feasible. Nor was this one of "the best kept secrets", as one of the other papers called it. This possibility has been mentioned to Chugiak Area residents on a number of occasions. One of the earliest being in 1965 when Mr. Fridley addressed a group at the Chugiak High School and explained the system of long range planning in the school district.

The need to revise some of this long range planning is based on the evidence that the school population in the district is maturing. The number of students in secondary schools are increasing, while the proportionate number of elementary school students are decreasing.

An example of this is, in 1960, the number of seniors graduating from Anchorage High Schools was 472. In 1967 1150 graduated from the three district schools. In 1964 the total enrollment in all grades was 17,300. Of these 3,400 in high school, 10,000 in grades 1 through six, and the remainder in junior high. In 1967, the total enrollment was 21,400, with 12,000 in elementary school, and over 9,000 in junior and senior high. In 1969 it is expected there will be more than 38,000 secondary students. To house the additional students the school district will have to build one full high school for 1500 students and two full Junior High Schools for 1,000 students each.

The area near the present Chugiak High School is considered to be suitable because of the state owned land, and also because surveys have determined that there is an adequate supply of water.

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## DUMP USERS COMMENDED

EAGLE RIVER: Local residents who have been using the Sanitary Fill (dump) south of the Eagle River Bridge, have been commended for their observance of the regulations.

All dumping has been conducted in the proper manner, the only violation which has been reported is that several times someone has lighted fires. It was pointed out that there are signs posted which state that any burning is prohibited. This could result in sparks causing the woods and brush in that area to catch fire. The trash in the dump is disposed of by filling, not burning and someone is contracted to take care of the latter.

It was also pointed out that one car body had been pushed into the dump. This is of a small foreign car with a military sticker. Dumping of car bodies is also prohibited. The military will be contacted and asked to acquaint their personnel of this regulation.

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## NONE HURT IN FREAK SMASH

OLD CHUGIAK: An Anchorage driver unsuccessfully tried to avoid a rear end collision at mile 21 last Sunday afternoon.

Frank M. Reed, driving a 1965 Oldsmobile sedan was northbound on the Glenn Highway when he came upon a stopped car which was signalling to turn into the Birchwood Loop Road. He applied his brakes, skidded 80 feet and ended up in the ditch. The hood of his car came up out of the ditch and became lodged under the fender of the other car.

Damage to the Oldsmobile was estimated at \$500. The other car, a 1959 Buick, driven by Dale Spurlock of Elmendorf was damaged an estimated \$50. Neither driver nor their passengers were injured. No citations were issued.

# Classified Ads

## Special Services

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Now equipped to handle all of your printing needs. Lowest rates on form letters .. tickets posters .. custom letterheads business forms .. order and charge pads .. business cards Addressing and mailing service, Photo reproduction .. Illustrated material .. mimeo  
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**DIANA'S BEAUTY SALON**  
Mile 22 1/2 Glenn Hwy  
Call 688-5663 for appointment  
Ask about permanent special

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Pice up once a week, \$4.00 per month.  
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**COMPLETE AUTO REPAIR**  
Tune up, towing, body & fender, painting, Mile 20 1/2 Glenn Hwy. (Next to Spring Creek Lodge. Ph: 688-6337

**DIGGING, LOADING, DOZING**  
water and sewer works, landscaping, Gerhard's Excavating, Mile 1 1/2 Eagle River Road. Ph: 694-2298  
7/12

**WATCH AND CLOCK REPAIR**  
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Fred Ward 137 5th Ave. Anch.  
Ph: 277-4986

## Personals

FOR BASIC H  
CALL  
688-6578 or 688-6566  
SHAKLEE DISTRIBUTORS

NOTICE: Courier Subscribers. If you should miss receiving your paper, call 688-5545 immediately.

## FREE TEEN ADS

FREE. The Knik Arm Courier will publish three line classified ads free to any teenagers seeking summer work. This also applies to anyone wishing to hire teenagers. Give name, age and type of work desired.

CALL 13. Kafn First with a visit days or early eve.  
50¢/day or \$5/day, 688-2559

## For Rent

COMPLEX, One Bedrm, Den or  
Bath near Chugiak Lib on  
Birchwood Loop Rd. 688-2130

## Miscellaneous for Sale

**H&H NURSERY SUPPLY**  
JUNE SPECIAL: Pansies, \$1.00/dozen. Bedding plants, perennials and other bushes, Lawn and other seeds.  
Rent or sell garden needs. Rototiller, rollers, seeders, rakes, hoes, etc. Fertilizers and animal feeds. Compare our prices. Hours: 8am to 10pm 7 days a week. Drop by our stand at Pay N Pak Grocery 2600 E. 16th St. or see us on the Birchwood Loop Road.

**WATKINS PRODUCTS**  
Will Barber  
Ph: 688-6577  
5/24

## Help Wanted

WANTED: Boys and girls to deliver the Knik Arm Courier. Routes open in Eagle River, Fire Lake, Old Chugiak and Birchwood areas. Call 688-5545

APPLICATIONS for school bus drivers now being accepted for the coming school year. Women or men. Apply at Moose Horn Service, Mile 18 1/2, Chugiak, Alaska.

## Notices

**EAGLE RIVER BARBER SHOP**  
Will be closed on Saturday  
July 1st  
6/28

## COMING EVENTS

**TUESDAY, June 21, 1967**  
Day Camp, Isaac Walton Range 9am-4pm  
Chugiak Library, 11am-6pm  
Eagle River Library, 3pm-5-m  
Immunization Clinic - Our Redeemer Lutheran Church, 1pm-3:30pm  
Little League, Yankees vs. Angels at Chugiak 7pm  
Eagles vs. Panthers at Eagle River 7:00pm

**THURSDAY, June 22, 1967**  
Eagle River Library 5pm-7pm  
Babe Ruth, Peters Crk. 6:30pm  
Chugiak Ladies Club, Pierson res. 7:30pm  
Day Camp Isaac Walton Range 9am-4pm  
Birchwood Loopers, Gunkle res. 7:30pm

**FRIDAY, June 23, 1967**  
Eagle River Lib. 3pm-5:30pm  
Little League, Yankees vs. Panthers at Chugiak 7pm  
Eagels vs. Angels at Eagle River, 7pm

**SATURDAY, June 24, 1967**  
Eagle River Lib. 10am-2pm  
Car Wash, C.A. Danny's 76 Service. 9am-4pm

**SUNDAY, JUNE 25, 1967**  
CHURCH SERVICES  
Chugiak Library 11am-2pm

**MONDAY, June 26, 1967**  
Eagle River Lib. 3pm-5pm  
Little League, Panthers vs. Eagles at Chugiak, 7pm  
Angels vs. Yankees at Eagle River 7pm  
Obedience club picnic, Peters Creek Camp Ground 7:30pm

**Tuesday, June 27, 1967**  
Eagle River Lib. 3pm-5:30pm  
Day Camp, Isaac Walton Range 9am-4pm

**WEDNESDAY, June 28, 1967**  
Chugiak Library, 11am-6pm  
Eagle River Lib. 3pm-5:30pm  
Day Camp, Isaac Walton Range 9am-4pm  
Little League: Panters vs Angels at Chugiak 7pm  
Eagles vs. Yankees at Eagle River, 7pm

# NOTICE

BECAUSE OF THE TIME INVOLVED IN FILING FOR CLASSIFIED ADS AND THE DIFFICULTY IN COLLECTING FOR THE, THE COURIER HAS ADOPTED THE FOLLOWING POLICY

CLASSIFIED ADS ARE ACCEPTED ON A PAID IN ADVANCE BASIS, (with the exception of those who have established accounts with the Courier.)

TO FACILITATE THE COMPUTING THE COST OF EACH CLASSIFIED AD, THE FOLLOWING CHART IS PUBLISHED WEEKLY, FOR THE BENEFIT OF THOSE WHO FIND IT MORE CONVENIENT TO PLACE THEIR ADS BY MAIL.

Rates for each insertion are 50¢ for the first three lines, 25¢ for each line thereafter. Payment by check, cash or money order may be mailed to box 1168 Chugiak, or brought to the Courier office on Mt. Eklutna Dr. in Peters Creek not later than 6pm on Mondays.

Use the following chart for computing classified cost. Allow one block for each letter, punctuation mark or space between letters.

1	50¢
2	75¢
3	\$1.00
4	\$1.25
5	\$1.50
6	\$1.75
7	\$2.00



Recent news items in Anchorage papers have included some inaccuracies. For example, Anchorage Times article dated 14 June titled "Protest Stirs School Plans for Chugiak" states "the new high school facility would be used by some 1330 students from the military communities of Ft. Richardson and Elmendorf AFB". The number actually would be near 900. The article also alludes that this plan has been "one of the administration's best kept secrets," and also states that "the Chugiak - Eagle River citizens who opened Tuesday nights meeting had obviously not been informed of the Birchwood Loop Complex now on the drawing boards." The fact of the matter is that as recent as May 25, at a public meeting held at Chugiak High School where Mr. Gordon Guffy, Asst. Superintendent appeared to discuss the administrations reasoning in relocating 7th graders to Chugiak High School; I announced that such a plan was under consideration and pledged my whole hearted efforts to secure this new school for the area.

And while we are on the subject of 7th graders, I would like to point out what the public record has to say about my position on the matter. The following is extracted from minutes of 13 June 67 meeting of the Borough School Board, "DALE PIERSON - Regarding the 7th grade students attending classes in relocatables at Chugiak High School, personally I would like to see the thing deferred for a year. The people who were here tonight are dedicated school people, but they are still not convinced that this is the right plan. The timing was poor, public hadn't any mental preparation and I think the program would be much better and the public more willing to accept it, if it were deferred for a year to allow adequate planning."

A new high school for the Chugiak Eagle River area, although under consideration has a long way to go before becoming a reality. Some of the steps that have to be taken are: 1. Presentation by the school administration of a revised Master Building Plan for the whole borough. 2. Approval of the plan by School Board. 3. Ratification of School Boards action by Borough

Assembly. 4. Placing bonding proposition for funds to build school on ballot. 5. Acceptance of the bonding proposition by you, the taxpayer.

A meeting at Chugiak High School is scheduled in the near future to discuss scheduling and program for the coming year. Possibly at that time more information regarding the new high school will be available. See you there.

Sincerely,

Dale Pierson  
Eagle River Loop Road

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### COW AND CALF ARE TRAFFIC VICTIMS

PETERS CREEK: A cow moose and her new calf were the victims of a collision at mile 24.7 last week.

They were struck by a 1964 Thunderbird, driven by Kim W. Low of Anchorage.

Low told the State Trooper that he had swerved his car trying to avoid hitting the pair, but had not been able to miss them.

A passenger in his car, Oy Burke, of Anchorage was taken to Providence Hospital where she was treated for minor glass cuts and released.

Damage to the car estimated at \$300. The cow and calf were killed.

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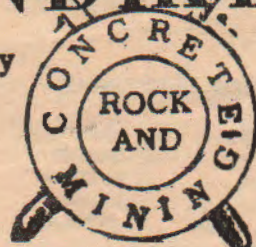


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# Church News



**CHUGIAK CHAPEL**  
 Rev. Edgar McElhannon Pastor  
 Mile 21 Old Chugiak  
 Sunday School . . . . . 9:45am  
 Morning Worship . . . . . 11:00am  
 Evangelist Service . . . . . 7:00pm  
 Bible Study and Prayer meeting  
 Wednesday . . . . . 7:00pm  
 Christ's Ambassadors (Young  
 People, Sunday . . . . . 5:45pm  
**OUR NURSERY IS OPEN DURING  
 SUNDAY SERVICES**

\*\*\*\*\*

**ST. ANDREWS CATHOLIC CHURCH**  
 Rev. Robt. Mahan SJ - Rev. Joseph  
 Shirey SJ  
 Mile 14 Eagle River  
 Sunday Confession . . . . . 8:15am  
 Sunday Mass . . . . . 9:00am  
 Catechism classes:  
 St. Andrews Church . . . Grades 1-4  
 Friday immediately after sch.  
 Auble Res. Grades 5-6. Friday  
 immediately after school.  
 Chugiak Elem. school, Grades 1-6  
 Friday, immediately after sch.

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**FIRST BAPTIST CHURCH OF EAGLE  
 RIVER**  
 Rev. Rawls Pierce. . . . . Pastor  
 Mile 14 Eagle River  
 Sunday School . . . . . 9:45am  
 Morning Worship . . . . . 11:00am  
 B.T.U. . . . . 6:00pm  
 Evening Worship . . . . . 7:00pm  
 Wednesday prayer meeting, 7:00pm  
 W.M.U., 2nd Tuesday . . . . . 7:30pm  
 R.A. Boys 1st & 3rd Tues. . . . . 7:30pm  
**NURSERY OPEN DURING  
 SERVICES**

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**FIRST BAPTIST CHURCH OF  
 BIRCHWOOD**  
 Rev. Bob Chadwick Pastor  
 Mile 21 Old Chugiak.  
 Sunday School . . . . . 10:00am  
 Morning Worship . . . . . 11:00am  
 Training Union . . . . . 6:30pm  
 Evening Worship . . . . . 7:30pm  
 Prayer meeting, Wed. . . . . 7:00pm

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**THE CHURCH ON CORNADO  
 "Church of Christ"**  
 Melvin Huckins. . . . . Minister  
 Cornado Road Box 81 Eagle River  
 Sunday School . . . . . 9:30am  
 Morning Worship . . . . . 10:00am  
 Evening Worship . . . . . 6:30pm  
 Bible Study, Wed., . . . . . 7:00pm

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**OUR RELEEMER LUTHERAN  
 CHURCH**  
 Rev. Roland Fritz . . . . . Pastor  
 Mile 19 1/2 Old Chugiak  
 Morning Worship . . . . . 9:00am  
 Sunday School . . . . . 10:00am  
 Ladies Aid, 3rd. Tues. . . . . 7:30pm

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**CHUGIAK METHC DIST CHUR.**  
 Rev. John Shaffer Pastor  
 Mile 18 Glenn Hwy Old Chugiak  
 Church School . . . . . 9:45am  
 Divine Worship . . . . . 11:00am  
**NURSERY PROVIDED**  
 MYF, Sunday . . . . . 6:00pm  
 Adult Study, Sunday . . . . . 8:00pm  
 Junior Choir, Wed. . . . . 2:30pm  
 Senior Choir, Thurs. . . . . 7:30pm  
 Meth, Men, 2nd Tues . . . . . 6:30pm  
 WSCS, 1st & 3rd Wed.

\*\*\*\*\*

**CHURCH IN THE WILDWOOD  
 Community Church**  
 Theron McGrew Pastor  
 Mile 14 1/2 Eagle River  
 Sunday School . . . . . 10:00am  
 Morning Worship . . . . . 11:00am  
 Evening Service . . . . . 7:00pm  
 Prayer & Bible Study, Wed. 7:00pm

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## C.A. GROUP TO HOLD CAR WASH

**EAGLE RIVER:** The Christ's Ambassadors (Young People) group of the Chugiak Chapel will hold a car wash at Danny's Union 76 Service on Saturday June 24th.  
 The activity will take place between 9am and 4pm.  
 The charge per car will be \$2.00 which will include both the inside and outside of the vehicle.

\*\*\*\*\*

National forests are maintained in 40 states and Puerto Rico.

## LOOPERS SCHEDULE REGULAR MEETING

**BIRCHWOOD:** There will be a regular meeting of the Birchwood Loopers Homemakers Club this Thursday, June 22nd at 7:30pm.  
 The meeting will take place at the home of Ann Gunkle.  
 A report of the recent Short Course at the University of Alaska will be heard.

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## BIRCHWOOD HOME VANDALIZED

**BIRCHWOOD:** A Quonset hut and trailer located on Inlet View Drive in Birchwood was broken into sometime during the past week.  
 The owner, Mary J. Merriouns, of Anchorage reported to the State Troopers that a Butane cookstove and an oil heater were missing.  
 The police are investigating.

\*\*\*\*\*

Arlington National Cemetery will be expanded by 1969 to provide 60,000 additional grave sites.

# Opening Soon

at

## MOOSEHORN SERVICE

## NORGE

## Laundry & Cleaning

## VILLAGE

## and CAFE

MILE 18 1/2  
 GLENN HIGHWAY



## Complete Chevron Service



*Tell it to Martha*

BY: MARTHA COUNCIL

Dear Martha,

A couple of months ago, my husband and I went over our family finances, and agreed that the only way to get out of the mess we were in was for me to go to work for a year or two.

I was able to get a fairly good job on the coast, and as my husband also works on base, we had no problem about transportation. It is working out fairly well with one exception.

Before, when I was not working, I would have dinner on the table when my husband came home. He is a big man, and is not accustomed to staying hungry for any length of time.

Well now that I'm working, I can't start dinner until I come home. He complains like mad if it isn't ready fifteen minutes after we get in the house. How can I possibly prepare a meal in that time. It takes at least an hour to fix a decent meal. You would think that he would be glad that I am willing to work all day, and then come home and do all the house work without complaining about having to sit around with a beer while I am trying to get dinner ready?

Double Time

Dear Double Time,

A working mother has no picnic. An understanding husband who is willing to pitch in and lend a hand with the housework is very rare, and it is obvious that you do not have one.

There are however many shortcuts that you can learn to speed dinner to the table. For example, use as many of the "instant" foods as you can. Also, something that can be cooked the night before and popped into the oven or warmed up on top of the stove is another one. A pressure cooker, is the best friend of a working woman. It shouldn't take any longer than a half hour to prepare a tasty meal if you use any of those methods. In the meantime, have some snacks handy that he can nibble along with his beer, to keep him from dying of starvation. If this doesn't satisfy him, then just tell him that you will have to quit your job, or else hire a cook.

Sincerely,

Martha Council

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SCHOOL YEAR  
CALENDAR TOLD

ANCHORAGE: The GAAB School District has announced the school calendar for the 1967-68 school year.

Monday, August 28th, New to the District Teachers Report, B.E.L. Day Luncheon.

Thursday, August, 31st, All Teachers Report (1st. Contract Day.) Reception for New to the district Teachers.

Monday, September 4th, Labor Day  
Tuesday, Sept. 5 - SCHOOL OPENS  
Friday, Nov. 3, 1st Quarter Ends  
Thursday & Friday, Nov. 23 - 24  
Holiday, Thanksgiving

Friday December 22nd, Christmas  
Vacation, Monday, December 25,  
Holiday, Christmas,  
Tuesday, December 26-Friday Dec-  
ember 29th. (inclusive) Vacation  
Christmas.

Monday, January 1st, Holiday, New Year's Day

Tuesday, Jan. 2, School reconvenes.  
Friday, Jan. 19, 2nd. Quarter ends  
Friday, Feb. 23, Vacation - Fur  
Rendezvous.

Thursday & Friday, March 14 & 15  
Vacation - Teachers Conference  
Friday, Mar. 29, 3rd Quarter ends  
Friday, April 12, Vacation - Good  
Friday

Thursday, May 30: Holiday, Mem-  
orial Day

Friday, May 31. SCHOOL CLOSES

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CABIN BROKEN  
INTO HERE

EAGLE RIVER: A cabin located on Eagle River Road was broken into and vandalized sometime earlier this month.

The owner, Wilma L. Lodaker of Anchorage, reported to the State Troopers that the electric meter had been torn from the north side of the building, a hole had been broken into the ceiling of the bedroom, and three lengths of stove-pipe had been damaged.

The police are investigating.

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THREE (3) HOUSES - LOCATED IN CITY OF PALMER

To be removed from MEA property

MEA WILL ACCEPT PROPOSALS ON AN INDIVIDUAL HOUSE BASIS OR A LOT BASIS FOR ALL THREE (3) HOUSES.

CONTACT MAIN OFFICE, MATANUSKA ELECTRIC ASSOCIATION INC.; PALMER, ALASKA FOR INSPECTION OF PROPERTY, TERMS, AND CONDITIONS OF SALE. ALSO PROPOSAL FORMS WILL BE AVAILABLE.

PROPOSALS MUST BE SUBMITTED PRIOR TO 2:00 P.M. JUNE 30, 1967 TO BE CONSIDERED.

6/14, 21, 28

### WRONG SIGNAL CAUSES CRASH

FT. RICH: A local driver was uninjured when his 1963 Chevrolet pick-up truck was involved in a collision at the intersection of Glenn Highway and Arctic Valley Road last week.

Richard W. Shelin, of mile 14 was northbound, when he came upon a 1960 Volkswagon bus, which was signaling for a left turn. He started to pass the bus on the right hand side when the bus turned right.

Damage to the pick-up was estimated at \$250, the Volkswagon at \$50. Neither Shelin or his two passengers were injured.

The driver of the Volkswagon, Oliver C. Hill III, of Anchorage was cited for improper turning.

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### OBEDIENCE CLUB TO HAVE PICNIC

PETERS CREEK: The Obedience Training Cub of Chugiak will hold a pot-luck picnic in place of their regular monthly meeting in June.

The picnic will be held on Monday, June 26th, at the Peters Creek Camp Ground.

The picnic starts at 7:30pm, and anyone interested in obedience training of dogs is invited.



DAVID UNDERWOOD, OF THE PANTHERS, CONNECTS AT RECENT LITTLE LEAGUE GAME. ED SAMUELSON IS CATCHER.

TOWING

694-2135

24 HOURS

PHILLIPS  
Texaco Service

MILE 14 1/2

WRECKER SERVICE  
7 days a week




### WHAT THIS WELL - DRESSED STUDENT WILL WEAR!



If we may look ahead some years, we'd say he'd look best in the cap and gown of a college graduate. Will he make it? You can start writing the answer to this question now... in your savings bank book!

Seems like a long time before your boy reaches college age? That makes it all the better for YOU... makes it that much easier to save the money you'll need for the purpose... if you start NOW!

MATANUSKA  
VALLEY  
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MATANUSKA  
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# QUALITY CLEANERS

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LAUNDRY SPECIALS:  
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CLEANING 2 FOR THE PRICE OF 1

- Mens and Ladies Suits
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- Light Sweaters
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HOURS:  
7:00am - 6:00pm  
Monday - Saturday

Phone:  
694-2700

PICK UP AND DELIVER TO HOMES  
ANYWHERE IN THE GREATER  
CHUGIAK AREA.

### LOCAL DOGS DO WELL AT TRIALS

**ANCHORAGE:** Locally owned and trained dogs and their handlers made excellent showings at the Obedience Trials held in Anchorage last Sunday.

All dogs performed well despite the fact that it rained and the animals were required to sit and lie in pools of water.

First place in the Novice A division, was Mrs. Olivia Schneider, of Anchorage, with her Collie "Lisa". With 197 points out of a possible 200, this was the highest scoring dog in the trials.

Second place went to Julie Rouse of Eagle River, with her Shetland Sheepdog Sandy, for 194 1/2 points. Sandy also won a plaque for the highest scoring Sheltie.

Third place went to Mrs. May Wade of Anchorage, with her Beagle Hound "Bagle", for 194 points.

Fourth place went to Bobby Moore of Anchorage with "Echo", a Shipperke for 189 points.

In the Novice B division, first place went to Christa Burg of Birchwood, and her German Shepherd "Teddy", for 195 points. Teddy also won a plaque for the highest scoring German Shepherd in the trials.

Second place was again Bobby Moore with a Shipperke, "Plum Puddin'" for 193 1/2 points.

Third place was Mrs. Kay Rasmussen with a poodle "Tornado" for 192 points.

Fourth place was Arthur Fried of Anchorage with a Great Dane "Damon" for 192 points.

Three Chugiak dogs received their C.D. (Companion Dog) rating at the trials. They were the Sheltie Sandy, owned by Julie Rouse, Heidi, a St. Bernard, owned by Kay Osborned of Eagle River, Christa Burg's German Shepherd, Teddy, and "Mona Lisa", a Irish Setter, belonging to Rosco. Roby of Peters Creek.

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### BETTER HEALTH HABITS URGED

Control of the "widespread current epidemic of coronary heart disease" may be achieved if middle-aged "at-risk" men—and their wives—will change their ways of life.

This is the promise held forth in "Current Medical Digest" by Jeremiah Stamler, M.D., director of the Chicago Board of Health's Heart Disease Control Program and executive director of Chicago Health Research Foundation. It is based on his long-term experience with potential coronary heart disease patients.

Dr. Stamler describes the candidate for a premature heart attack as a middle-aged man who is overweight, has high blood pressure, high levels of cholesterol in his serum, and is a heavy cigarette smoker.

His article outlines the regimen he recommends for these persons. It calls for weight reduction, reduced food intake with special attention to fats and cholesterol-rich foods, no cigarettes, more exercise.

The program enrolled 335 men over the 8 years it has been in operation. The dropout rate has

been 33.7 per cent, and 173 men have been in the study for three years or longer. Most dropouts occur in the first two years.

Of 82 who continued over six years, only 1 died of coronary heart disease; of 35 dropouts 5 died of the same cause in the same period.

Dr. Stamler concludes by saying of his data: "Although they are not yet unequivocal, the results . . . suggest that the mortality rate from coronary heart disease can be reduced."



"YOU'LL ROLL A STRIKE EVERYTIME IF YOU BUY U.S. SAVINGS BONDS REGULARLY," says Don Carter. "Mr. Bowling"—one of the P.B.A.'s top money winners—is a long-time advocate of Savings Bonds.

For your housewarming, call faithful ol' Burnie for 76 Uniflame KEEP FUL SERVICE. You'll be tankfull all year long.

For Automatic Delivery anywhere in the Greater Chugiak Area, call 277-1474.

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HEATING OIL**

THINK FIRST OF FIRST  
YOUR OWN FULL SERVICE  
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COLLECTION  
NIGHT DEPOSIT  
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HOURS: 10:00am - 3:00pm  
Daily except Thursday  
Thursday: 10:00am - 7:00pm

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# PETERS CREEK FUEL



A LOCALLY OWNED  
BUSINESS

AUTOMATIC DELIVERY

Fuel Oil & Propane

PROPANE CAMPER APPLIANCES  
AND LIGHTS



Ph: 688-6900  
Mile 21 1/2 Palmer H'way

## RENTED CAR DAMAGED IN WRECK

OLD CHUGIAK: A rented car was damaged when the driver lost control and skidded into the ditch into a dirt bank at mile 18 last Sunday evening.

The car was a 1967 Camero, owned by Budget Rent A Car, and driven by Joe Alex Kawchee, of Anchorage.

Kawchee told the state trooper that he had applied the brakes in an attempt to miss the car in front of him.

Damage was estimated at \$600. Neither the driver nor his two passengers were injured.

\*\*\*\*\*

## MOOSEHORN TO ADD LAUNDRY AND CAFE

OLD CHUGIAK: Mr. and Mrs. William Knight, proprietors of the Moosehorn Service at mile 18 1/2 have announced the opening of two new services in the near future.

The are presently preparing to open a Norge Laundry and Cleaning Village. This will feature Norge automatic coin-operated laundry and cleaning machines. In addition to this, an adjacent cafe will also be opened to the public.

\*\*\*\*\*

## THIRD TIME NOT A CHARM

EAGLE RIVER: Third time was not a charm for John Barclay of mile 15, Eagle River Road.

When his log cabin was broken into two times within the past week, and beer and other liquors were taken, he did not report it to the police. However when a third break in occurred, he decided he had enough and called the State Troopers.

On the last foray, the individual who had been helping himself to his beverages also made off with a camera tripod, a spotting scope, phonograph records, a 32 caliber pistol, three transistor radios, a hunting knife, ammunition and also his beer and cigarettes.

The police are investigating.

\*\*\*\*\*

## LADIES CLUB TO HOLD A MEETING

EAGLE RIVER: There will be a regular meeting of the Chugiak Ladies Club this Thursday, June 22nd, at the home of Lydia Pierson on Eagle River Loop Road.

Plans for the club anniversary dinner will be made at this time, and summer projects discussed.

\*\*\*\*\*

## LAND AUCTION AT KENAI SET

Auctions of state land tracts located on the Kenai Peninsula will be conducted June 22 and June 23 by the Alaska Division of Lands.

There will be 93 parcels offered at an auction June 22 at 10 p.m. in the Royal Redoubt Motel at Kenai, and five parcels offered at auction on June 23 at 1:30 p.m. in the Anchor Point Community Hall.

Included for sale at Kenai are five agricultural parcels (both of which selected), nine commercial tracts and three residential lots. One utility parcel, 54 private recreation parcels and 21 commercial-industrial lots will be offered for 55-year lease. Five agricultural parcels will be offered for sale at Anchor Point.

Over-the-counter sales and leases of parcels not auctioned will begin at 10 a.m. June 27 at the Anchorage office of the Division of Lands. Over-the-counter sales at the Fairbanks and Juneau area offices will begin June 28 at 10 a.m.

Additional information, including sales brochures and maps may be obtained from Division of Lands offices. Brochures may be obtained from the Kenai Peninsula Borough office at Soldotna and from the Kenai City Hall and Homer City Hall.

\*\*\*\*\*



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Subscription rates;  
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Chugiak, Ak

Open Division events for ama-  
teurs of all ages, according to  
O'Toole.

A brochure outlining the  
events is available from mem-  
bers of the Centennial Sports  
Committee or at the Anchorage  
Centennial office.



### TRACK AND FIELD EVENT TO TAKE PLACE

A wide variety of track events  
for the amateur will be offered  
at the first all-state track and  
field meet to be held at Fort  
Richardson on July 7 and 8,  
under the sponsorship of the  
Centennial sports committee.  
Fort Richardson will be host to  
the competition.

The meet, conducted under  
AAU rules, is open to all ama-  
teurs and is expected to attract  
the State's best athletes of any  
age. Winners will be declared  
the state Centennial champions.

Jack O'Toole, chairman of the  
Centennial sports committee,  
said that applications were sent  
to all schools earlier, but are  
also available at the Centennial  
office in the Anchorage West-  
ward Hotel.

A total of 128 events are open  
in six divisions, determined by  
age. Each division has separate  
competition for boys and girls  
or men and women. The first  
(Bantam division) for children  
nine and under, includes a 50-  
yard dash, relay, standing broad  
jump, softball throw, running  
broad jump and a walking  
race.

As the divisions progress to  
the older contestants, the events  
are broadened to include other  
dashes, hurdles, pole vault, shot  
put, discus throw, high jump,  
triple jump and hammer throw.

Boys and girls under 18 years  
of age will compete during the


**PETERS CREEK**

*Dari-Delite*

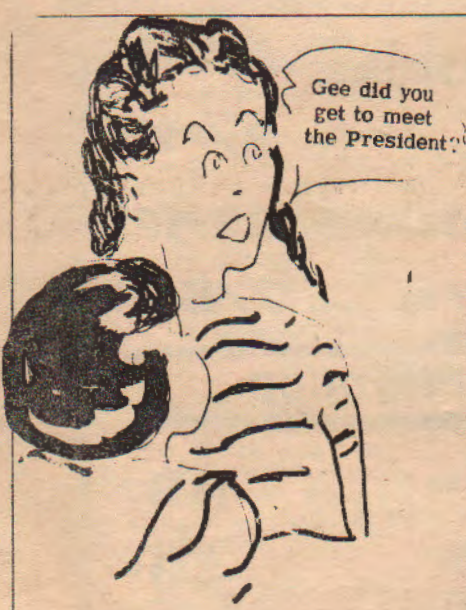
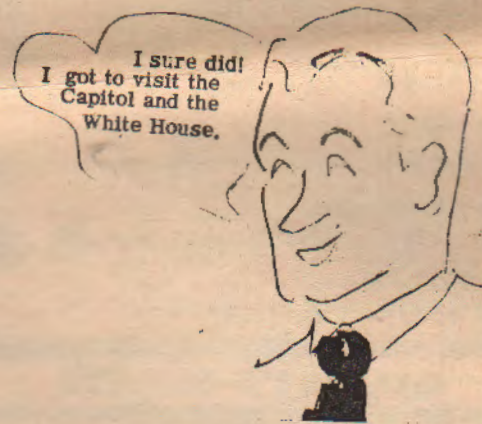
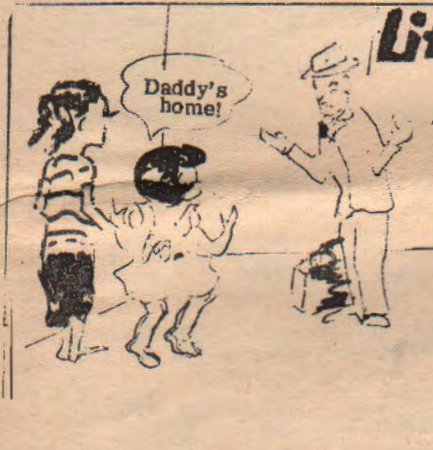
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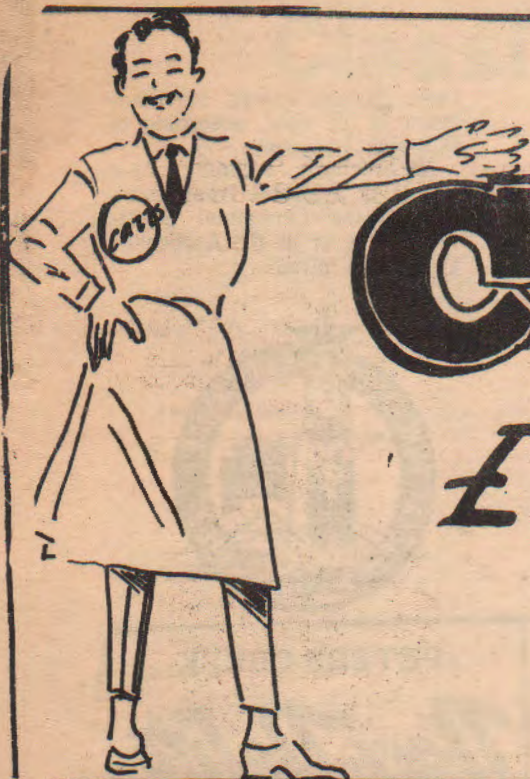
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- CARNATION  
AA LG. EGGS, Doz. .... **43¢**
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BUTTER, Lb. .... **83¢**
- CAMPBELLS  
TOMATO SOUP. .... **7/100**
- USDA CENTER CUT  
CHUCK ROAST, Lb. .... **59¢**
- ARMOURS SKINLESS  
FRANKS, 12 oz. pkg. .... **49¢**
- AIR FRESH  
STRAWBERRIES, Cup. .... **39¢**
- SWEET TENDER  
FRESH CORN. .... **5/89¢**

#### REG. GROCERIES:

### QUALITY MEATS

- COUNTRY MANOR  
SLICED BACON. . . . Lb. .... **79¢**
- FRESH  
WHOLE FRYERS, Lb. .... **49¢**
- CORNISH  
GAME HENS, Each. .... **79¢**

### CARR'S HOME CENTER

- HALO, Reg. & Hard to Hold, 13 oz. can  
HAIR SPRAY. .... Reg. 99¢ **47¢**
- STYROFOAM  
PICNIC JUGS, 1/2 gal. .... **188**
- 50 FOOT  
GARDEN HOSE, Reg. \$1.99. .... **99¢**



### QUALITY GROCERIES

- HILLS BROTHERS, Electric Perc  
COFFEE, 2 Lb. can. .... **149**
- FIRESIDE  
SALTINE CRACKERS 1 lb. .... **29¢**
- BANQUET  
PEARS, 2 1/2 can. .... **39¢**
- ROSEDALE  
CUT GREEN BEANS 303 **5/100**
- ROSEDALE  
PEAS, 303 can. .... **5/100**
- ROSEDALE  
TOMATOES, 303 can. .... **4/100**
- ROSEDALE, WHOLE KERNEL & CREAM STYLE  
CORN, 303 can. .... **5/100**
- LIBBY'S  
PORK AND BEANS 300 can **5/100**
- S & W  
KIDNEY BEANS, 300 can. . **5/100**
- BLUE RIBBON  
APRICOTS, 2 1/2 can. .... **3/100**
- BLUE RIBBON  
TOMATO JUICE, 46 oz. .... **43¢**
- GARDEN GROWN  
ASPARAGUS, 303 can. . . . **4/100**
- SUGARY SAM  
YAMS, 303 can. .... **4/100**
- REAL GOLD  
ORANGE OR GRAPE BASE (**6/100**
- STAR KIST  
TUNA, 1 1/2 flat. .... **3/100**
- HUNTS  
WHOLE POTATOES 300 can **5/100**
- HI COUNTRY  
APPLE JUICE, 46 oz. .... **2/89¢**

### QUALITY PRODUCE

- CALIFORNIA LARGE SWEET  
PEACHES, Lb. .... **49¢**
- SWEET JUICY CALIFORNIA  
PLUMS, Lb. .... **49¢**
- GREEN SEEDLESS  
GRAPES, Lb. .... **59¢**