


THE Knik Arm
COURIER



VOL. 16 NO. 26

WEDNESDAY, JUNE 27, 1973

CHUGIAK-100

4th OF JULY PARADE NEXT WEDNESDAY

**BOROUGH SEEKS
 CLUNIE LAKE FOR
 FLOATPLANE BASE**

EAGLE RIVER: The Greater Anchorage Area Borough is apparently going ahead with plans to acquire Clunie Lake for a commercial float plane base despite indications of opposition by the Army who own the lake and surrounding land.

Clunie Lake, although geographically located in the Eagle River Area, is technically within the city limits of Anchorage with the recent annexation by the city of all of Ft. Richardson.

This should further complicate the efforts of the Borough to get title to the area.

The Army officials have indicated that although they are not opposed to the use of

Works, George Easley approves the plan of the Borough to acquire the Clunie Lake area from the military.

**JOHN PUGH
 PICKED FOR
 MANAGER OF
 ALL STARS**

CHUGIAK: John Pugh has been picked for manager of the Knik Little League All Star team it was announced today.

**COURIER TO
 PUBLISH ON
 TUESDAY
 NEXT WEEK**

CHUGIAK: The Knik Arm Courier will hit the stands next week on Tuesday, July 3rd, instead of Wednesday as is customary.

The reason for this one time only early publication date is the occurrence of the July 4th Holiday on Wednesday.

All carriers are advised that they will receive their papers at the same time, but on Tuesday, instead of on Wednesday.

Also, all deadlines for news and advertising will be moved ahead one day.

To appear in the July 3rd, issue of the Courier all copy must be turned in no later than 6:00pm on Monday, July 2nd.



CHUGIAK: The 3rd annual 4th of July Parade is shaping up to be the best one to be sponsored by the Chugiak Volunteer Fire Company according to Bette Gaston, parade committee chairman.

Mrs. Gaston said that to date a total of 28 units have registered including Miss Alaska and seven beauty queens, including Miss Chugiak Eagle River, Ella Braendel.

This year, there will be at least one musical group, the "Plus 2", and the possibility of a Scottish Bagpipe band.

The parade this year will form at the Chugiak Elementary School. All units are asked to be at the staging area at 12:30pm.

The judges stand will be located this year at Mile 20 on the Old Glenn Highway.

Parade Marshals will be Mr. and Mrs. Paul Swanson of Old Chugiak. Judges for the parade will be Ron Stephens, of Peters Creek, Bob Boehm of Fire Lake, Charlotte Knox, of Birchwood, Babe Kamholz of Old Chugiak and Ed Swartz of

icate the efforts of the Borough to get title to the area. The Army officials have indicated that although they are not opposed to the use of the area around Clunie Lake for recreational purposes, they feel that it is out of the question for commercial float plane operations. The Army utilizes the Area for gunnery training and for parachute training. Neither of which is compatible with float plane operations. It was reported that the Commissioner of Public

CHUGIAK: John Pugh has been picked for manager of the Knk Little League All Star team it was announced today. Mr. Pugh was elected by a popular vote of all the team managers. Steve Jordan will coach the All Star Team. All league members are looking forward to the district tournament in July.

HOW TO MAKE WAY FOR EMERGENCY VEHICLES DURING BRIDGE REPAIR

EAGLE RIVER: Drivers are reminded that they must be particularly on the lookout for emergency vehicles during the period of repairs to the Eagle River bridge. Alaska State Troopers recommend the following procedure when an ambulance or police car approaches the bridge.

If you are in line waiting for the green light so that you can cross the bridge remain in place or try to move to the right if possible. If the light is in your favor, give way to the emergency vehicle unless you are in the process of crossing the bridge. If you are on the bridge at the time the emergency vehicle is approaching, proceed across the bridge as rapidly as is safely possible, and then immediately give way to the emergency vehicle.

Whenever possible, if advance knowledge of an emergency ambulance run is known, the firemen will attempt to have someone at the bridge before the ambulance arrives to divert the traffic.



"A GOURMET TREAT OR A DEATH FEAST?" THIS CLAMMER MAY BE WONDERING AS HE GAZES AT THE RAZOR CLAM HE JUST DUG. Dept of fish and game photo. (See page 3 for story on shellfish poisoning)

Bob Boehm of Fire Lake, Charlotte Knox, of Birchwood, Babe Kamholz of Old Chugiak and Ed Czerski and Gary Deardorf, of Eagle River. The Anchorage Chrysler Corporation is providing four new cars for dignitaries to ride in. These will provide transportation for the parade marshal, a representative of the Chamber of Commerce, the Borough Assembly and the Supervisors of the Chugiak Fire District. Members of the 49ers Radio Club will direct traffic while the parade is in progress.

The parade will start at 1:00pm and proceed to the Chugiak Carnival Grounds. After the parade is disbanded the Chugiak Volunteer Fire Company will sponsor a community picnic, with games for the kids and a water fight and tug of war by the firemen and any other adults brave enough to get into the act. Refreshments will be sold at a nominal cost by the Military Order of Cooties and the MOC Auxillary.

NEW BOROUGH ASSOC. CONFIRMS TAX FIGURE

CHUGIAK: A spokesman for the New Borough Association confirmed the fact that the assessed value of the property within the proposed new borough is far greater than the figure quoted by opponents of the move.

Leonard Nugen, a member of the New Borough Association, and publisher of the New Borough Bulletin has taken issue with those who claim that the assessed valuation of property in the borough could go up by no more than 45% at the most.

Nugen used as an example a piece of property which he owns in Birchwood. The land, an undeveloped lot, was in 1972 assessed at \$2,500, and the tax on the property was \$25.20. This year his tax notice assessed that same piece of property

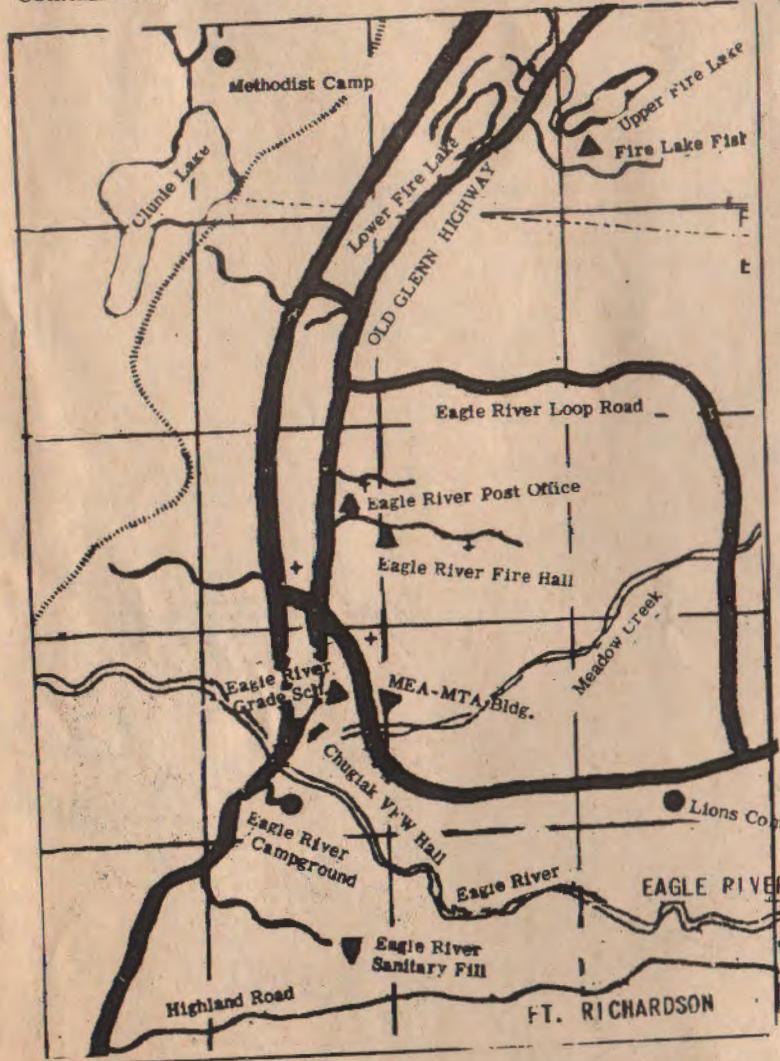
at \$4,879, and his tax bill was for \$61.86.

Nugen said that this is typical of what residents of the area could expect in the next year or so, and this is considerably more in taxes from this area than the opponents of the New Borough are claiming.

The New Borough Association announced that they plan to call another public meeting within the next month to start making definite plans.

A spokesman for the New Borough Association stated that the newly reactivated Eagle River Improvement Association has thrown their support behind the new borough movement.

It matures sooner than you think.



MAP SHOWS LOCATION OF CLUNIE LAKE.

The Knik Arm COURIER
 ESTABLISHED, JANUARY 1958
 PUBLISHED EVERY WEDNESDAY IN CHUGIAK, ALASKA

HARRIET (RUSTY) BELLINGER
 Editor and Publisher

SUBSCRIPTION RATES: Phone: **BOX 90**
 1 year.....\$9.00 688 - 2513 **CHUGIAK, ALASKA**
 6 months.....\$5.00 99867

DRUNK DRIVER BLAMED FOR ACCIDENT TO PARKED CARS

EAGLE RIVER: An Anchorage man was arrested for operating a vehicle while under the influence of alcohol following an accident in which both cars were apparently parked.

According to the Alaska State Troopers, Cleburn Arnold, of Twin Birch Trailer Court, was parked in a 1966 Plymouth at Mile 13 on the Glenn Highway.

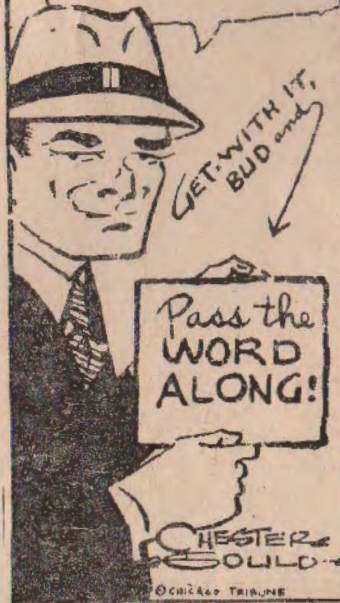
He reportedly put his car in reverse, and proceeded to back into another parked car, a 1970 Plymouth driven by William H. Boyd, of Anchorage.

The accident took place on Sunday, June 24th, at 12:45 in the morning.

The Alaska State Troopers estimated damage to Arnold's vehicle at \$30. The Boyd car sustained an estimated \$70 damage.

So says the VA...
DICK TRACY
by Chester Gould

VETERAN!
DID YOU
KNOW
YOUR VA
BENEFITS
ARE NOT
TAXABLE?



CHESTER GOULD
© 1973 TRIGUNE

For information, contact the

NEW BOROUGH STAFF DIRECTOR IS NAMED

The Anchorage Borough will be getting a new staff director soon. Borough Mayor Jack Roderick said Friday.

"I'm looking very closely, and it won't be long now" before someone is hired. Roderick said he is seriously considering two candidates, one an Alaskan, and the other from outside the state. He would not elaborate further.

The borough has been without a man in the top administrative position since the end of February when acting staff director and finance director Ed Pysker left the borough to return to private business.

CHAMBER OF COMMERCE TO MEET ON MONDAY

EAGLE RIVER: There will be a regular board of directors meeting of the local Chamber of Commerce next Monday July 2nd, at 8:00pm.

The Chamber meets at the Sportsman's Game Preservation Association Hall at Mile 15 on the Old Glenn Highway.

All Chamber meetings are open to the interested public.



TIPS FOR MILADY

When buying a sheet of postage stamps, save the strip of white down the side and use these plain perforated pieces for labels on homemade canned goods and boxes that various things are stored in.

To protect the surrounding area when spray painting, either indoors or out, place your project in a large carton.

Money in your mailbox.



SERIES G
SAVINGS BONDS

PRINTING
the dynamic avenues of
COMMUNICATION

EAGLE RIVER PHARMACY

NEXT TO 1ST NAT. BANK
PH. 694 - 2155

HOURS: 10am - 6pm

FULL PRESCRIPTION
SERVICE
FILM SERVICE
GREETING CARDS &
GIFT WRAP



Serving The Eagle River-Chugiak Area

CHEVRON HEATING FUEL FURNACE SERVICE
PROPANE GAS

Automatic Refill Service

694-2191

Emergency Service Available at an Additional Charge

Emergency Number 688-2121

PETERS CREEK FUEL

Office Located in Eagle River

**LOOPERS TO
HEAR FROM
SHORT COURSE
DELEGATES**

BIRCHWOOD: Members of the Birchwood Loopers Homemakers Club will take part in a Round Table discussion with delegates of that club recently returned from the short course held in Fairbanks.

This will take place at the next regular meeting of the Loopers to be held on Thursday, June 28th, at the home of Orphie Bergstrom in Birchwood.

Those who attend the short course are, Daphne Monroe, Orphie Bergstrom and Welene Gldcumb.

Other business to be covered at the meeting is the club's summer picnic.



**I HIRED IT
THROUGH THE
WANT ADS**

NT

**FOR
CHAMBER
OF COMMERCE
INFORMATION
Call 694-9107**

**ROSEBUD
REFUSE**

**IF YOU HAVE A GARBAGE
PROBLEM.....CALL US**

Ph: 694-2668

**WE SERVE THE
GREATER CHUGIAK
AREA**

\$1.00 PER WEEK



For information, contact the nearest VA office (check your phone book) or write: Veterans Administration, 232X, 810 Vermont Ave., NW, Washington, D.C. 20420

SAVINGS BONDS

...safety...good return...
guaranteed current income

Little Midge



WARNING.....CLAMS CAN BE DEADLY!

By: Richard B. Nickerson
Department of Fish and Game
Cordova, Alaska

Clam digging is one of Alaska's more popular outdoor sports, and clam chowder and tender, succulent fried clams are favorite foods for many people.

Clam diggers should be aware, however, of the possibility that some of these delicious shellfish may cause serious illness or even death.

There are four avenues by which an individual can become poisoned by clams from Alaskan waters. First there can be disease infection from eating clams which were obtained from areas contaminated by bacteria and or viral organisms, or prepared for consumption under unsanitary conditions.

This form of contamination usually stems from raw, human sewage being dumped directly into the ocean. The positive relationship between sewage pollution of shellfish growing areas and enteric disease has been demonstrated many times.

Following the oyster-borne typhoid outbreak during the winter of 1924-25 in the United States, the national shellfish certification program was initiated. In the states, the Public Health Service and the shellfish industry. As a outgrowth of this program, rigid water quality criteria were established for shellfish harvest areas.

Second, poisoning can result from consuming clams that have been contaminated

in a few days, but occasionally die.

Fourth and perhaps foremost, is paralytic shellfish poisoning (PSP) which is brought on by consuming shellfish that have ingested certain types of one-celled animals or protozoans, known as dinoflagellates.

Several types of protozoans cause red, maroon or mauve colored blooms. However, the presence of such a bloom does not necessarily indicate that paralytic shellfish poisoning (PSP) is at hand. Indeed, PSP may occur even when blooms are not visible.

The dinoflagellates involved in human poisoning are largely members of the genus Gonyaulax. Paralytic shellfish poisons is one of the most potent biological poisons known to man. There is no specific antidote.

PSP may be diagnosed readily by specific symptoms which usually are noticed within a few minutes to one hour after eating toxic clams. The victim first has a tingling or burning sensation of the lips, gums, tongue and face. Gradually this sensation spreads to the neck, arms, fingertips, legs and toes. The tingling or burning later changes to numbness which makes movement difficult. In severe cases the inability to coordinate voluntary muscular movements usually is accompanied by a peculiar feeling of lightness. Prominent symptoms in severe cases are constrictive sensations of the throat and in-

duced vomiting. If there is difficulty in breathing, artificial respiration should be applied and continued, if necessary, for several hours. Treatment for primary shock may be given with the victim kept lying flat with legs raised 12 to 18 inches. Keep the victim only warm enough to prevent shivering and conserve body heat by placing a blanket under him. Alkaline fluids such as baking soda in water may be given to the victim since the poison is unstable in that medium. Digitalis or alcoholic beverages should not be given to the victim.

If the victim survives the first 12 hours, the chances of recovery are good. However, the over-all condition of the victim may be further complicated by the presence of one or more of the other forms of shellfish poisoning as discussed earlier.

The question of course arises, "Well, how do I know clams from such and such a area are safe for me to eat?"

The answer is that you do not know. Not unless you would like to experiment. But test it on one person would not be conclusive since each individual has a different threshold of tolerance to the poison. Simply stated, "the minimum quantity of poison which will cause poisoning in a susceptible person is not known." Investigations of paralytic shellfish poisoning in Canada have indicated that 200 to 600 micrograms of poison will produce symptoms in susceptible per-

son. I've been eating clams off that beach for 97 years and never got sick once, unless I ate too much. There isn't any of that PSP stuff around this area. I know, 'cause if there was, I would have got it by now." This statement is an embodiment of both truth and ignorance. It is true that there are certain areas where PSP is seldom encountered and it is just as true that there are other

areas where PSP poses a constant threat. As stated earlier, the visual absence of a "red tide" does not preclude the possibility of PSP raising its ugly head on your favorite clam beach. Visual blooms of plankton may appear and disappear within a matter of hours, and within this short time period the damage may be done. Often these blooms are highly localized so that clams from one area of the beach may be perfectly safe to eat while clams a short distance away may be highly poisonous.

Furthermore, there appears to be a direct relationship between quantities of toxic clams consumed and degree of poisoning. Symptoms also appear to be most severe if the poisonous clams are eaten when the stomach is empty, and less severe when the clams are consumed with a heavy meal of another food.

We must treat each species of "clam" or bivalve mollusk on an individual basis because feeding habits, poisoning accumulation rate, distribution, duration in the clam tissues and loss vary from species to species. For

ation in the razor clam is distributed in the digestive system. In scallops, livers and mantles are sites of accumulation, and in butter clams, all soft parts accumulate the toxin with greatest levels accumulating in the siphon gill complex. It is possible upon the death of the clam that the poison, if present can leach from a normal accumulation site to an abnormal accumulation site.

How do we tap this delicious and valuable resource without getting stung? The answer is through an established shellfish sanitation program. This involves (1) sanitary surveys which result in the evaluation of shellfish growing areas on the basis of industrial and domestic pollution potential (2) development of laboratory capabilities that will enable rapid analysis of clam samples, (3) establishment of a monitoring program for PSP that will be effective in giving an early warning, and (4) the establishment of a surveillance system to assure that certain species of clams will not be harvested from unapproved areas.

Presently the Alaska Department of Fish and Game the Alaska Department of Public Safety and the Alaska Department of Health and Social Services are jointly functioning as the shellfish control agencies for the State of Alaska.

In 1970 the razor clam growing areas of Cordova, Polly Creek and Swikshak were opened for commercial harvest for human consumption following a seven year closure.

Family SHOPPING BAG

ITEM: New in the home sewing field is a liquid nylon that keeps fabrics from raveling by filling in the spaces between the fibers. It comes in an aerosol can.

ITEM: Travelers may find a new wrinkle remover spray a boon. The spray removes wrinkles temporarily softening the finish of the fabric.

ITEM: Most varieties of candy can be frozen with no harmful effect. But types such as fudge, jellies and coconut candy are actually improved by freezing.

ITEM: Now there is a self-threading needle for seamstresses who have trouble threading needles. It features double eyes: one can be threaded conventionally, the other is a notch-like eye that threads automatically. These self-threading needles have ball points, good to use on lingerie and knits.

ITEM: At least four pattern companies offer a line of patterns for men's clothing.

JONES Tool Rental

DO IT YOURSELF HQS.

EAGLE RIVER LOOP

second, poisoning can result from consuming clams that have been contaminated by pesticides and industrial or radioactive wastes.

A third form of poisoning, known as erythematous shellfish poisoning, is thought to be an allergy, but the exact nature of the disorder is not understood. Inadequate preservation, although fresh shellfish also have been involved. Characteristic symptoms, which begin a few hours after eating the clams, are abnormal redness of the skin, and swelling and itching, particularly in the face and neck region. The symptoms may subsequently involve the whole body. Patients usually recover with-

out symptoms in severe cases are constrictive sensations of the throat and incoherent speech and loss of voice caused by paralysis of the vocal cords. Other possible symptoms are pain, weakness, dizziness, rapid pulse intense thirst, nausea and occasionally convulsions. Victims usually are calm and conscious of their condition throughout their illness. Death results from respiratory paralysis and usually occurs within 12 hours after eating toxic clams.

If any of the above described symptoms occur following a clam feed, the stomach should be emptied as quickly as possible by in-

that 200 to 600 micrograms of poison will produce symptoms in susceptible persons and a death has been attributed to the ingestion of a probable 480 micrograms of poison. One microgram is equal to one millionth of a gram. Laboratory tests have shown that two ten-millionth of a gram of the poison injected into a 20 gram mouse will kill it within approximately 15 minutes.

Perhaps you have over-

tribution, duration in the clam tissues and loss vary from species to species. For example, from an initial bloom of the dinoflagellate Gonyaulax, butter clams and mussels may accumulate extremely lethal levels of PSP. However, mussels will lose the poison rapidly and be safe to eat within a few weeks. Butter clams, losing the poison at a slow rate, can still be lethally poisonous after two years. Similarly, toxin or poison accumu-

harvest for human consumption following a seven year closure.



EAGLE RIVER LOOP

ROAD.

1 BLOCK FROM
OLD GLENN HIGHWAY

PH: 694-2124

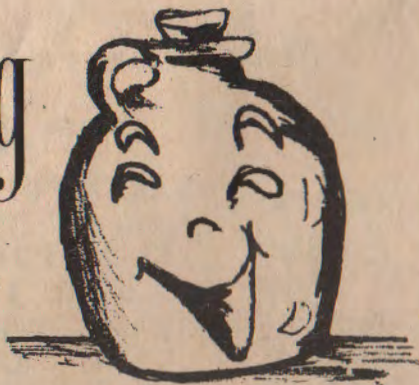
**HOMELITE
CHAINSAW**

SALES AND SERVICE



Jolly Jug

HOURS:
Sun. thru Thurs. 9am-11pm
Fri and Sat. 9am to 1:00am



PH: 694-2144

MILE 14.5 OLD GLENN HIGHWAY
BETWEEN CARRS AND NORTH SLOPE
DRIVE IN

CONTRACTORS AND "DO-IT-YOURSELFERS"

WANT TO SAVE OVER \$500.00 IN YOUR BACK-HOE AND TRENCHING WORK?

There's a simple way to do it....just pick up your telephone whenever you plan to do any digging and call M.T.A.'s **FREE CABLE LOCATING SERVICE.**

Last year alone we had over 20 avoidable cable cuts in the Greater Chugiak Area. The average cost of the cable cuts was \$585.00, not including the service outage and the inconvenience and dangerous situation this created.

So the next time you plan to do backhoe and trenching work, save us both money.....dial 694-2101.



FREE CABLE LOCATING SERVICE

694-2101

Church News



CHUGIAK CHAPEL
(Assembly of God)
Mile 20 1/2 Old Glenn Highway
Rev. C.L. Wiles Pastor
Sunday School9:45am
Morning Worship . . .11:00am
Christ Ambassadors 5:45pm
(Youth Service)
Evangelists Service 7:00pm
Mid-week Service and Bible
Study (Weds.) . . .7:00pm
**NURSERY OPEN FOR ALL
SERVICES
EVERYONE WELCOME**

**CHUGIAK GRACE & TRUTH
CHAPEL**
E.J. Best Res. Birchwood
Sunday School11:00am
Weds. Prayer Meeting 7:30pm

CHURCH OF CHRIST
Winston N. Allen Minister
Springbrook Dr. Schroeder Sbd
EAGLE RIVER
SUNDAY:
Bible Study10:00am
Worship11:00am
Evening Service7:00pm
WEDNESDAY7:00pm
Ph: 694-9186

CHURCH IN THE WILDWOOD
Community Church
Denis J. Horning Pastor;
Mile 14 1/2 Eagle River
Sunday School9:45am
Morning Worship . . .11:00am
Evening Service7:00pm
Prayer Meeting & Bible Study
Wednesday7:00pm

CHURCH OF GOD
(Pentecostal in doctrine)
Two blocks behind United
Lumber in Eagle River
Sunday School10:00am
Morning Worship . . .11:00am
Y.P.E.7:00pm
Evening Worship8:00pm

JEHOVAH'S WITNESSES
Kingdom Hall
Mile 17.5 Old Glenn Highway
Public Address, Sun. 10am
Watchtower Bible Study . . .
Sunday11:15am
Bible Study, Tues, 7:30pm
Ministry School, Fri 7:30pm
Service Meeting, Fri. 8:30pm

**NORTHLAND BAPTIST
CHURCH**
Rev. John Biglow Pastor
Sportsman's Hall, Eagle Riv.
Sunday School10:00am
Morning Worship . . .11:00am
Evening family hour 6:30pm

**OUR REDEEMER
LUTHERAN CHURCH**
W.F. Bell Pastor
Mile 19.5 Old Glenn H'way
Morning Worship10:00am
Sunday School10:00am
Ladies Aid, 3rd Wed 7:30pm

PETERS CREEK CHAPEL
(Non-denominational)
Mile 21.5 Glenn H'way
Frank Maus Pastor
Worship11:00am
Evening Service . . .7:00pm
Weds. eve.7:00pm
NURSERY PROVIDED
Ph: 688-2242

**ST. ANDREW'S CATHOLIC
CHURCH**
Artillery Rd. & Old Glenn.
Rev. Peter Houck Pastor
MASSES:
Sunday, 8:00am to 10:00am
Daily Mass 8:30pm except
Thursday, Friday, 5:00pm

ACTIVITIES AT FAMILY SERVICE CENTER

EAGLE RIVER: Following
are the activities for the
coming week at the Greater
Chuglak Family Service
Center.
TUESDAY, JULY 3, 1973
Immunization clinic 9:00
to 12:00pm.
WEDNESDAY, JULY 4, 1973
Closed for Independence
Day.
THURSDAY, JULY 5th, 1973
Well Child Clinic - By ap-
pointment only.

Available at the Center by
appointment are marital and
family counseling, personal
development counseling, al-
coholism counseling, home
visits by nurse or social
worker and travel. Appoint-
ments for Family Plan-
ning, Well Child and PAP
Clinics are taken daily.

Our Medi-Ready Clinic (for
well children of welfare
families between the ages
of 1 and 6) will be held the
second and fourth Thurs-
days of each month between
1:00pm and 4:30pm. Appoint-
ments are necessary.
The Public Health Nurse
will now be at the Center be-
tween 8:30am and 5:30pm,
Tuesday through Friday,
and 1:00pm to 5:30pm on
Monday.

Information and referral
to other agencies is avail-
able daily. Also pregnancy
and Tine (TB) tests are av-
ailable.

The Family Service Cen-
ter is located in the Slank-
er building, Artillery Road
in Eagle River. Hours are
8:00am to 7:00pm daily. The

MTA COMMITTEE NOMINATES CANDIDATES

PALMER: Four candidates
have been named by the nom-
inating committee for the
Matanuska Telephone As-
sociation for positions to the
Board of Directors.

Two Board seats will be
filled at the annual meet-
ing to be held in Palmer on
August 3rd of 1973.

Nominated were, Douglas
Olive, of Palmer, Robert
Robinson of Peters Creek,
David Smith of Wasilla and
John Somerville (incumbent)
of Big Lake. Robert Flem-
ing (incumbent) of Chuglak
was not named by the nom-
inating committee.

In addition to those named
by the nominating committee
additional nominations may
be submitted by petition or
may be made from the floor
at the August 3rd meeting.

Serving on the nominating
committee were Russell
Oberg (Chairman) of Peters
Creek, Pat Grinnell (Sec-
retary) of Palmer, Terry
Weland, of the Butte, Har-
old Strong Sr. of the Butte,
Walt Mayr of Sutton, Fred
Ballew, of Big Lake and
Jesse Wooten, of Eagle Riv-
er.

PLAY BEGINS FOR GIRLS SOFTBALL TEAMS

CHUGIAK: Play began this
week for the teams of the



Published by
the American Medical Association

Smoker's wrinkles . . . More bad
news for cigarette smokers. Both
men and women with long histor-
ies of smoking have faces that are
more severely wrinkled than those
of nonsmokers, according to a re-
cent study. Dr. Harry W. Daniell,
an internist in Redding, Calif. ex-
amined, photographed and rated
the "crow's feet" of 1,104 sub-
jects. He found that the associa-
tion between smoking and the
prominence of wrinkles was even
stronger than the association be-
tween prolonged outdoor expo-
sure and wrinkling. Also, the
wrinkles were deeper in later
years of life even if the subject
had smoked heavily only during
youth, before wrinkling generally
occurs.

Feminine hygiene sprays . . .
There is no medical evidence that
proprietary vaginal deodorants
and sprays are any better than
normal washing with soap and
water. Smart advertising has built
a multi-million dollar industry on
the public's exaggerated fears of
body odors.

Health knowledge gaps . . . Most
people apparently know consid-
erably less about their own health
and the nature of disease than
they think they do. This was the
conclusion of a Harris Poll con-
ducted for the Blue Cross Asso-
ciation. The Harris organization
interviewed 1,609 adults around
the nation, asking them first how
well-informed they thought they
were, and then asking specific
questions about health matters.

CYCLIST INJURED AT EKLUTNA

EKLUTNA: The driver of a
motorcycle was injured and
taken to Providence Hospital
by the Chuglak ambulance
last Sunday, June 24th, at
12:15am.

Richard Bertkreutz, age 21
of Anchorage was apparently
suffering from a broken leg.

The accident took place on
the Eklutna Flats. It was
not disclosed how the ac-
cident happened.

LDS CHURCH TO HOLD BAKE SALE

EAGLE RIVER: The Chu-
glak Branch of the Church
of Jesus Christ of Latter
Day Saints will hold a bake
sale next Saturday, June 30.

The sale will take place at
Proctors Market in Eagle
River beginning at 9:00am.

Proceeds from the sale
will be used toward purchas-
ing a duplicator for the
Church Library.

**GIVE...
so more
will live
HEART**



Phone: 313-5485

**CHURCH OF JESUS CHRIST
 OF LATTER DAY SAINTS**
 (Chugiak Branch)
 Ski Road Peters Creek
 Ray McCubbins Branch Pres.
 Ph: 688-2492

Priesthood, Sunday-9:00am
 Sunday School, . . . 11:00am
 Sacrament Meeting, . . . 3:00pm
 Primary, Tues, . . . 3:45pm
 M.I.A. - Weds, . . . 7:00pm
 Relief Society, Thurs, 10:00am

CHURCH ON CORONADO
 "Church of Christ"
 Coronado Rd, Box 155 Eagle Riv
 Bill Lance Minister
 Sunday School, . . . 9:30am
 Morning Worship, . . 10:30am
 Evening Worship, . . . 6:30pm
 Bible Study, Weds, . . . 8:00pm

CHURCH OF THE NAZERNE
 Pastor Rev. John L. Vaughn
 Al Cross Drive off Artillery
 Road, Eagle River
 Sunday School, . . . 10:00am
 Morning Worship, . . . 11:00am
 Sun. Eve. Worship, . . 7:00pm
 Prayer Meeting Thurs 7:30pm

**FIRST BAPTIST CHURCH OF
 BIRCHWOOD**
 North Birchwood Loop Rd.
 Robert L. Chadwick Pastor
 Sunday School, . . . 10:00am
 Morning Worship, . . . 11:00am
 Training Union, . . . 6:00pm
 Evening Worship, . . . 7:00pm
 Wed. Prayer Meeting 7:00pm
 Bus Ministry, . Call 688-2472
**NURSERY PROVIDED FOR
 ALL SERVICES**

**FIRST BAPTIST CHURCH
 OF EAGLE RIVER**
 Rawls Pierce Pastor
 Sunday School, . . . 9:45pm
 Morning Worship, . . . 11:00am
 Training Union, . . . 6:00pm
 Evening Worship, . . . 7:00pm
 Weds Bible Study, . . 7:00pm

Ph: 694-2170

THE BAHAI FAITH
 Johnson Res. Aurora St.
 Eagle River, Ak,
 Fireside discussions:
 Wednesdays; . . . 8:00pm
 Ph: 694-2328 Box 875, E.R.

**UNITED METHODIST
 CHURCH OF CHUGLAK**
 MI. 18, Old Glenn Highway
 Eugene Groves Pastor
 Church School, . . . 9:45am
 Sunday Worship, . . . 11:00am
 Tues, Bible Study 8:00pm
WEDNESDAY:
 Junior Choir, . . . 8:00pm
 Senior Choir, . . . 7:30pm



When to Worship?
 Worshipping God should take
 place in each of our lives long-
 than for one hour on a Sunday
 morning. God is all around us,
 every minute, every second of the
 day, no matter where we are -
 He is there.

God gives us the weeks and the
 months and the years, Shouldn't
 we give Him more than a few
 moments a week or a month? We
 should thank God for the simple
 and small things of life, the
 everyday events. We should
 praise Him for the beauty and
 bounty he has supplied for us.
 For God is great and we claim to
 be His people. We need God and
 we must admit that without him
 there are few things of any worth
 that we can do.

God asks so little of us, and yet
 He gives us so much. His love
 and mercy never ends and He
 never tires of us and our evil
 ways. Let us thank God more
 often and try to be mindful of his
 presence in every area of our
 lives.

**SUNBRITE
 LAUNDRY &
 Dry Clean Center**

Coronado Rd. & Sunny
 Circle Dr.

OPEN:
 Mon-Sat, 7am-11pm
 Sunday: 8am-10pm

PHONE: 694-9235

Read & Company

ALL FORMS OF INSURANCE
 GENE READ, AGENT

101 ATWATER BLDG.
 ARTILLERY RD.
 EAGLE RIVER, AK.

694-2164
 279-7541

Junior division of the local
 girls softball league.
 The only scores available
 at press time are those be-
 tween the Birchwood Dare-
 devils and the Chugiak Pink
 Panthers.
DAREDEVILS,19
PINK PANTHERS, 8
 The players in this division
 are ages 9 through 12.

So says the VA... KIWI by Ken Montone

HEY, KIWI, DID YOU KNOW THE VA
 PROVIDE ON-THE-JOB TRAINING
 THAT NEW BENEFITS ARE AVAILABLE
 UNDER THE PENSION LAW THAT WAS
 JUST PASSED... THAT VETS WHO
 HAVEN'T FINISHED HIGH SCHOOL CAN
 DO SO UNDER THE GI BILL... THAT
 IF YOU'RE RECENTLY DISCHARGED,
 YOU HAVE 10 DAYS TO GIVE YOUR
 LOCAL SELECTIVE SERVICE BOARD
 YOUR ADDRESS?

**GREAT SCOTT! WHERE
 DID YOU LEARN ALL
 THIS ABOUT THE VA,
 LUMP?**

FROM THIS
 NEWSPAPER,
 YOU AFTERX
 PING PONG!

© 1970 by The Chicago Tribune
 World Right - Howland

For information, contact the nearest VA office (check
 your phone book) or write: Veterans Administration
 232X, 810 Vermont Ave., NW, Washington, D.C. 20426

questions about health matters.
 Sixty-six percent of those sur-
 veyed said they were well in-
 formed, and only 28 percent felt
 they didn't get enough informa-
 tion about health. Sixty-six per-
 cent said they could recognize the
 symptoms of the most important
 illnesses.

But when the survey got down
 to asking specific questions, the
 results were quite different. Thirty
 percent could not name even
 one of the seven danger signals
 of cancer; 17 percent could name
 only one; and only 13 percent
 could come up with four or more.
 Similarly, only half the total
 could volunteer more than one
 symptom of a heart attack or
 other heart condition and 27 per-
 cent were unable to name any at
 all.

WANT MORE INFORMATION?
 Write Today's Health Magazine CF,
 535 North Dearborn Street
 Chicago, Illinois 60610

**HEART
 FUND**

**JUNE'S
 SALON
 O'BEAUTY**

MILE 15 OLD GLENN
 HIGHWAY

**HOURS
 MON THRU SAT
 9:00 AM TO 6:00 PM**

PH: 694-7936-4

Circle S Grocery

NORTH BIRCHWOOD ROAD

**OPEN: 7:00AM TO 11:00PM
 7 DAYS A WEEK**

SPECIAL

GROCERIES

SHASTA POP. 15¢ each
 ASST. FLAVORS

KINGSFORD CHARCOAL
 20 LB- \$3.26 10 LB- \$1.66

**HEART-O-HICKORY SMOKE
 CHIPS**
 2 LB BAG. 49¢

SCORES FOR KNIK LITTLE LEAGUE GAMES

CHUGIAK: Following are the games played by the teams of the Knik Little League during the past week:

TUESDAY, JUNE 19th, 1973
EAGLE RIVER FIELD:
1st National Bank,11
Chuglak VFW Post,2
Winning pitcher, Micko John Stonerock.

LIONS CLUB FIELD:
Eagle River Lions,11
Eagle River Shopping Ct. 10
Winning pitcher, Barry Stratton.

CHUGIAK FIELD:
Peters Creek Fuel,8
United Builders,7
Winning pitcher, Johnny Pugh.

BAILEY FIELD: (Pippel's Field)
Associate Builders,7
North Slope Drive In,5
MINORS:

Smiley's Realty,11
Proctors Market,9
Winning pitcher Wayne Soucie.

WEDNESDAY JUNE 20, 1973
EAGLE RIVER FIELD
North Slope Drive In,10
Eagle River Lions,8
Winning pitcher, Craig Houston

LIONS CLUB FIELD:
House of Lion,18
Chuglak VFW Post,2
Winning pitcher, Todd Brannon.

CHUGIAK FIELD:
United Builders,10
Eagle River Shopping Ct. 9
Winning pitcher, George Ondola.

BAILEY FIELD: (Pippel's Field)
Peters Creek Fuel,12
1st National Bank,4
Winning pitcher, David Klock.

Home runs by Bill Roderick and Gary Lash-

ions,9
Bank,8
Winning pitcher, Rory Polak. Home run by Joe Soucie.

LIONS CLUB FIELD:
United Builders,14
House of Lion,3
Winning pitcher, Billy Hart.

CHUGIAK FIELD
Chuglak VFW Post,21
Associate Builders,4
Winning pitcher, Steve Gilmore.

BAILEY FIELD (Pippel's field)
Peters Creek Fuel,22
Eagle River Pharmacy,4
Winning pitcher, Gary Martin.

Home runs by David Kolyuk and Bill Roderick. Make Up Games, June 21 & 22
Associate Builders,22
Chuglak VFW Post,18
Winning pitcher, R.J. Stevens.

Peters Creek Fuel,9
Eagle River Pharmacy,5
Winning pitcher, Johnny Pugh.

MINOR LEAGUE.
THURSDAY, JUNE 21, 1973
Proctors Market,13
Smiley's Realty,11
Winning pitcher, Harvey Finch.

FRIDAY, JUNE 22nd, 1973
Proctors Market,14
Smiley's Realty,10
Winning pitcher, Doug Wilson.

MONDAY, JUNE 25, 1973
EAGLE RIVER FIELD
Eagle River Shopping Ct 11
1st National Bank,10
Winning pitcher, Joe Howarth.

Home run by Joe Soucie.
LIONS CLUB FIELD:
United Builders,10
North Slope Drive In,8
Winning pitcher, Darcy Swavely.

CHUGIAK FIELD:
Peters Creek Fuel,20

Home runs by Bill Roderick and Gary Lash-

River Pharmacy vs. Eagle River Shopping Center.

Friday evening at 6:30pm games will be played on all four fields in this single elimination tournament.

LIONS CLUB FIELD: The winners of Friday morning games will play each other.
CHUGIAK FIELD: House of Lion vs. Peters Creek Fuel.
BAILEY FIELD (Pippel's field) Chuglak VFW Post vs. United Builders.
EAGLE RIVER FIELD: North Slope Drive In. vs. Eagle River Lions.

Saturday morning at 10am
LIONS CLUB FIELD: Winners of game number 2 will play each other.

CHUGIAK FIELD: Winners of games number 3 will play each other.

Saturday evening will be the final game at 6:30pm at the
LIONS CLUB FIELD: Winners of games 4 will play for the trophy.

Mr. Richard Whitesides, head umpire and chief for the State of Alaska, will be the plate umpire for the final game.

KNIK LITTLE LEAGUE PICNIC SCHEDULED

EAGLE RIVER: Sunday, July 1st, has been set as the day for the annual Knik Little League picnic.

The event will take place at the Lions Club Park, starting at 1.00pm.

Awards and trophies will be given out at this time.

Election of league officers for the coming year will also be held at this time.

CHS STUDENT TRAVELS WITH ALL STUDENT BAND IN EUROPE

CHUGIAK: Margie Belling, a senior at Chuglak High, and a member of the CHS Symphonic Band is presently participating in a concert tour in Europe as a member of the All Student Band, U.S.A.

The All-Student Groups is composed of the All Student Band and Chorus, U.S.A., and is made up of music students from all fifty states.

The All-Student Groups is sponsored by the Shenandoah Conservatory of Music of Winchester, Virginia.

The tour will take the students through France, Holland, Luxembourg, Germany, Austria, Italy and Switzerland.

Margie is the only member of the All Student Band from Alaska. She plays the Clarinet.



Tell it to Martha

BY: MARTHA COUNCIL

Dear Martha,

My wife and I have been married for fifteen years. I want to start out by saying that I have always been an admirer of long hair on women. My wife wore her hair short when I met her, and whenever I begged her to let it grow, she would tell me that she looked awful in longhair and that was that.

About two years ago she wanted a new sewing machine. I told her that I would get her the finest sewing machine that money can buy if she would only let her hair grow long. She agree, and I got the machine and she hasn't had a haircut in all that time.

The bad part is this. She was right. She looks like the devil in long hair. Her hair is very stiff and wirey, and while this didn't show when it was short, it looks like a fright wig now. No matter how she fixes it she looks about ten years older. How can I get out of this without making her feel bad.

Was wrong

Dear Was Wrong,
No problem here that I can see, unless it is going to cause

what she looks like. She will probably be tickled to death to get that mop cut off. I doubt if it would make her feel at all bad, unless you are planning to take back that sewing machine.

Sincerely,

Martha Council



STORK TALK

Mr. and Mrs. William Armstrong are the adopted parents of a baby boy, born on June 9, 1973.

Little Charles Brandon weighed 7 pounds 13 ounces and measured 20 inches.

1st National Bank,
 Winning pitcher, David Kol-
 lock. Home runs by Bill
 Roderick and Gary Lash-
 brook



AUTO REPAIR

FRONT END
 ENGINE OVERHAUL

ALL WORK
 GUARANTEED

BICYCLES
 PARTS AND REPAIRS



PRECISION
 AUTOMOTIVE

EAGLE RIVER LOOP RD.
 PH: 694-2690

Swavelly.
CHUGIAK FIELD:
 Peters Creek Fuel,20
 House of Lion,11
 Winning pitcher, Gary
 Martin. Home run by David
 Kolvik.
BAILEY FIELD (Pippels
 field)
 Eagle River Pharmacy, . . .19
 Associate Builders,6
 Winning pitcher, Bill Bow-
 les.

STANDINGS THRU JUNE 25

	WIN	LOSS
Peters Creek Fuel	12	4
United Builders	11	4
E.R. Shop, Ct.	11	5
1st Nat. Bank	10	6
E.R. Lions	9	6
Assoc. Bldrs	8	7
North Slope	7	9
E.R. Pharmacy	5	11
House of Lion	3	13
Chugiak VFW Post	2	13

FRIDAY, MORNING, JUNE
 29th, the Knik Little League
 Sponsors Trophy Tourn-
 ament will begin with games
 starting at 10:00am.
BAILEY FIELD (Pippel's
 Field: Associate Builders
 vs. 1st National Bank,
LIONS CLUB FIELD: Eagle

be given out at this time.
 Election of league officers
 for the coming year will also
 be held at this time.

MARGIE
 BELLRINGER

Dear Was Wrong,
 No problem here that I can
 see, unless it is going to cause
 you pain to admit to your wife
 that she was right and you
 were wrong.

Just tell her that you agree,
 that she is much more at-
 tractive with shorter hair.
 She has a mirror and knows



THAT'S A FACT



WINGED MARATHON
 PIGEON RACING STARTED
 DURING THE ORIGINAL OLYMPIC
 GAMES (776 B.C.-934 A.D.). THE
 LONGEST FLIGHT WAS THAT OF THE
 DUKE OF WELLINGTON'S PIGEON
 WHICH, IN 1845, FLEW FROM OFF THE
 COAST OF WEST AFRICA TO ONE
 MILE FROM LONDON. THE DISTANCE
 COVERED WAS ESTIMATED TO BE
 ABOUT 7,000 MILES!

DON'T AVOID TEMPTATION...
 IF YOU'RE TEMPTED TO BUY
 U.S. SAVINGS BONDS THEY'RE
 YOUR BEST INVESTMENT IF
 YOU'RE INTERESTED IN YOUR
 FUTURE AND THE FUTURE
 OF YOUR COUNTRY!

☆☆☆☆

FASTEST HUMAN

THE HIGHEST AVERAGE SPEED
 EVER ACHIEVED BY MAN WAS
 THE 100 YARDS RUN BY BOB
 HAYES (NOW A PRO FOOTBALL
 PLAYER) IN THE LAST STAGE OF
 A RELAY RACE. HE COVERED
 THE DISTANCE IN 7.8 SECONDS!



HELPED YOUR COUNTRY LATELY?
 THE ANSWER IS A BOOMING "YES" IF YOU'VE INVESTED
 IN THE NEW FREEDOM SHARES AND U.S. SAVINGS BONDS!

ICE PALACE

LODGE & RECREATION AREA

MILE 2.2 HILAND ROAD

HOURS:
 OPEN FRIDAY,5:00pm-10:00pm
 SAT. & SUNDAY,11:00am-10:00pm

SPECIALIZING IN BANQUETS AND
 PRIVATE PARTIES,Ph: 694 2773



Stock car & cycle racing weekends.

Olympia Beer

\$4.99 case

GARY'S LIQUOR

No. 1 & 2

No. 1 OLD GLENN
 HIGHWAY AT ML 14

No. 2 IN THE
 PROCTOR BLDG.
 MILE 15 Old Glenn
 Highway

Classified Ads

Special Services

Miscellaneous for Sale

JOB PRINTING

Now equipped to handle all of your printing needs. Lowest prices on form letters, tickets, posters, custom letterheads, business forms, order and charge pads, business cards, rubber stamps, envelopes etc.

KNIK ARM COURIER
Ph: 688-2513

EAGLE RIVER SANITARY LAND FILL (Dump)

Hours: Wednesday, 1:00pm-6:00pm, Saturday and Sunday 10:00am-6:00pm. Pick-up or trailers, only \$1.00 694-2773

CHUGLAK CAB

24 Hour Service. Local Area Anchorage Airport ... Palmer
Ph: 694-2668

GROOMING BY FRAN

All Breeds 694-2726

SANITARY CESSPOOL PUMPERS

Ph: 694-2408

GERALD T. O'CONNOR

Bookkeeping and Accounting
Unstairs above Eagle River
Plumbing and Heating Supply
Ph: 694-9400

For Rent

RUBBER STAMPS: Custom made to your order. Call 688-2513

EAGLE RIVER NATURAL FOODS
Organic Supplements ..Natural Vitamins

Easy Street Ph: 694-2730
OPEN: 10:00am to 6:00pm
MONDAY through SATURDAY

QUALITY TOPSOIL

Ph: 333-4817 8/1

YOUTH CITED IN CYCLE WRECK

PETERS CREEK: A twelve year old Peters Creek boy was cited by the Alaska State Troopers after being involved in a car and motor cycle collision last week on Monday, June 18th.

According to the Troopers the youth, driving a Suzuki motorcycle had just emerged from Chapel Lane on to the Glenn Highway and into the path of a 1970 Ford pickup truck driven by Alvin D. Matney, of Anchorage.

Matney, reportedly tried to avoid the collision, but was unable to stop in time.

The youth suffered four broken ribs and minor lacerations and bruises. He was cited for driving without an operators license and

Out of the Past

TAKEN FROM THE PAGES OF THE KNIK ARM COURIER ISSUE OF JUNE 26, 1963

PHONES CHANGE OVER ON SUNDAY: The Matanuska Telephone Association announces that June 30th, 1963 will be the "Change Over" date in the Greater Chuglak Area.

On this date, subscribers will start using the new one numbers as given in the new temporary directory.

PRINCIPAL AND FAMILY NOT HURT IN WRECK: William Benish, principal of the Chuglak school and his wife and daughter all escaped injury in an accident which occurred Sunday, June 23rd.

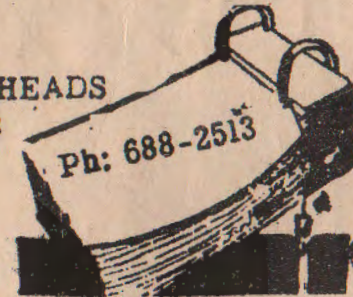
ZIP CODE NUMBERS IN EFFECT JULY 1: Zip Code the Post Office Department revolutionary new system of mail dispatch and delivery goes into effect nationally July 1st.

VERNON MOORE TO BE LOCAL MTA CANDIDATE: Vernon L. Moore, of Eagle River Road will be candidate from the Greater Chuglak Area for the Board of Directors of the Matanuska Telephone Association.

THE SKY IS THE LIMIT... WHEN YOU WANT ADS!

MAKE A NOTE TO CALL US FOR ALL YOUR PRINTING NEEDS

CUSTOM LETTERHEADS
CARDS - TICKETS
PROGRAMS
FORM LETTERS
MIMEO
ORDER PADS
ADDRESSING & MAILING



WOMAN HURT WHEN CAR LEAVES ROAD

BIRCHWOOD: An Anchorage woman was injured when the car she was driving apparently went out of control and left the road last Thursday, at 4:20am.

The accident took place at Mile 20 on the new Glenn Highway.

Stella Mesouto was taken to the 5040th Air Force Hospital by the Chuglak Volunteer Fire Company ambulance.

CHILD HURT WHEN RUN OVER BY DUNE BUGGY

OLD CHUGLAK: A nine year old Chuglak boy suffered abdominal injuries after being run over by a dune buggy, it was reported.

The youth, Ben C. Gardner, son of "Tiny" Gardner was transported to Providence transported by the Chuglak volunteer Fire Co. ambulance.

The accident took place on Friday June 2nd, at Hilltop Service, operated by the injured boy's father.

An unconfirmed report was that a brother of the boy was driving the dune buggy.

TRUCK IS INVOLVED IN ACCIDENT AT BRIDGE

EAGLE RIVER: A 1971 Chevrolet stake truck, was involved in a one car accident at the Eagle River bridge last Thursday, June 21st.

According to the Alaska State Troopers, the vehicle, which was heavily loaded, was unable to stop upon approaching the bridge which is limited to one way traffic during repairs.

Since another car was already on the bridge, approaching from the opposite direction, the driver, Kenneth Lee Bauman of Palmer chose to crash into the barcade and marker pylons in the lane under repair.

Damage to his car was estimated at \$300. He was cited for basic speed and inadequate brakes by the Alaska State Troopers.

CONSUMERS' CORNER



Selecting a floor covering is no easy task. Especially when a consumer has to think about the wide variety of materials on the market and the tremendous range of prices.

New technological developments in wood coverings now offer the consumer another choice. Wood is appealing because of its natural beauty, warmth, and grain, can now have an added quality.

Woods can be impregnated with

